

Veganizing
VALENTINES

Single? So what..
LOVE YOURSELF

Date Ideas
FOR LOVERS

vKind

A SHOP GUIDE FOR THE EVERYDAY VEGAN

VALENTINES DAY EDITION

JANUARY 2022



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SHOP

TILL

YOU

DROP

A romantic scene featuring the silhouettes of a man and a woman in a close embrace, kissing. The woman has long, flowing hair. The man is holding a lit sparkler, which is emitting small sparks. They are positioned against a vibrant sunset or sunrise sky, transitioning from a deep orange at the bottom to a dark teal at the top. A thin crescent moon is visible in the upper center of the sky. Bare tree branches are silhouetted against the lower part of the sky.

for the Love

Classic Valentine's Day gifts are classically non-vegan, but we've scouted out beautiful, delicious sweet, cruelty-free treats for your love this year!



Valentines Dinner

FROM

the green loot 🍀

Having trouble figuring out what to do for a romantic vegan supper at home?

vKind loves these 40 scrumptious vegan Valentine's Day recipes from The Green Loot to serve as inspiration for your upcoming date night!





01



LAGUSTAS LUSCIOUS

You can't go wrong with a classic box of (vegan) chocolates! Lagusta's Luscious Box of Hearts is filled with assorted vegan chocolate, heart-shaped delights.

If you're date's a bit edgier, gift them with a "Love is Dead" chocolate skull! Fully-edible and filled with seasonal bonbons.

The Blood Orange heart is great for the romantic, packed in a special heart-shaped gold box and tied with eco-compostable red ribbon.

02



GIGANTIC! VARIETY PACK

Got a health-conscious date who lives with a sweet tooth but is always watching the sugar? Gift them a "sorta-sweet" Valentine's gift without derailing their health goals! Gigantic's plant-based candy bars are gluten-free with just 7 grams of sugar.

Using fair-trade chocolate and real ingredients, allow your date to indulge in flavors like double dark mint, almond horchata and hazelnut cafe, to name a few, without any guilt toward their bodies—or the animals!



03



VERON

Indulge in fragrant, colorful macarons flavored from rose to raspberry, or turn your drink into dessert with earl grey, mocha or matcha macarons. With 18 varieties to choose from, from the fruity to the fragrant, Veron's custom macaron box can be mixed and matched to please your partner's palette!

Psst! Get 10% off your order with the code: VKINDMAC10



04

ALOE CADABRA: MANGO PASSION

Aloecadabra is the all-natural, non-toxic, certified-vegan personal lubricant that will make intimacy a smooth experience this Valentine's Day! Made of 95% aloe vera, vitamin E and organic ingredients, this moisturizing lubricant encourages moisture production in addition to providing lubrication.

Condom-safe, and safe for couples trying to conceive. Order on amazon or purchase at a CVS, Whole Foods or Walgreens near you!

A man in the foreground is holding a smartphone, taking a photo of a woman in the background. The woman is smiling and looking towards the camera. The setting appears to be a restaurant or a similar indoor space with warm lighting and blurred background lights. The text "for the look" is overlaid in a large, white, cursive font across the middle of the image.

for the look

Dazzle your date with a sophisticated, intimate gifts, or shop ahead to create the perfect look for yourself this year.



Valentines Manhattan

BY
LAURA CROTTY
@THE_VINTAGE_VEG

VKIND TIP: REMEMBER TO
CHECK OUT
BARNIVORE.COM TO
MAKE SURE YOUR
BEVERAGE OF CHOICE IS
VEGAN!

Ingredients:

- 6 parts Rye (3 oz)
- 2 parts Sweet Vermouth (1 oz)
- Dash of Angostura Bitters
- Maraschino Cherry to garnish

Method:

Combine all ingredients except for the cherry in a cocktail shaker with ice and shake. Strain into a chilled cocktail glass and garnish with a cherry.



05

7 VIRTUES PERFUME

A conscious gift for your conscious partner! Hypoallergenic and cruelty-free perfumes from The 7 Virtues are not only PETA- approved and sustainably-sourced, but also serve a higher purpose: rebuilding war-torn nations.

By sourcing essential oil crops from Afghanistan, Haiti and Rwanda, The 7 Virtues has created opportunities for individuals and women whose nations have been torn apart by conflict and strife.



06

NILUU

Want to don something silky and upscale for your date this year, or gift your love with something special? Explore the Valentine's collection from Niluu, the sustainably-made, PETA-approved vegan silk brand.

Stylish kimono robes, sleep masks, pillow cases and pajamas will make for the perfect intimate look—available for both men and women.



07

CULT OF COQUETTE

Sexy, stylish, highly-coved vegan heels and handbags from Cult of Coquette will complete your cruelty-free look for Valentine's Day!

From pink crystal-adorned heels to glass pumps and vegan leather wrap heels to vegan snake shoes, Cult of Coquette is nothing short of bold, ethical and luxurious.



08

BRAVE GENTLEMAN

Brave GentleMan is a high-quality mens footwear and fashion brand that takes a stance against using animals as forms of fiber. Find everything for the man in your life from classy footwear and accessories to made-to-order suits!



for the Animals

Spread love to the animals! Donate to receive a special Valentine's Day card from a sanctuary or donate in your loved-one's name.



Valentines Dog Treats

- **3/4 cup pumpkin puree**
- **1/4 cup peanut butter**
- **2 tbsp ground flax meal**
- **1 1/3 cups oat flour**
- **1/2 tsp cinnamon, optional**

1. Set the oven to 350 degrees Fahrenheit before beginning.
2. Add all the ingredients to a food processor and process until smooth (you can add cinnamon if you like).
3. Add in the oat flour and process until a dough forms, then remove it from the machine.
4. Roll out the dough to a thickness of about 1/4 inch on a lightly floured cutting board. Cookie cutters can be used to cut out a wide variety of shapes and sizes from a parchment-wrapped baking sheet. Once you've used all of the dough, gather the rest and repeat the process. Bake 30 to 35 minutes in the oven. Refrigerate for up to one week or freeze for up to two months after cooling on a cooling rack.



09

BARN SANCTUARY

Spread love for farmed animals by sending your loved ones a Valentine's e-card featuring a resident of Barn Sanctuary! With lines like "You are moo-velous" and "Head over hoof," you're sure to win hearts this year.

Donations start at \$10 and include a personal message!



10

SPRING FARM SANCTUARY

For a \$10 tax-deductible sponsorship of an animal from Spring Farm Sanctuary, you can send your sweetheart a Valentine's e-card featuring a loving message from the animal(s) you choose to sponsor!

Download the card to send digitally, or print and give to them in person.

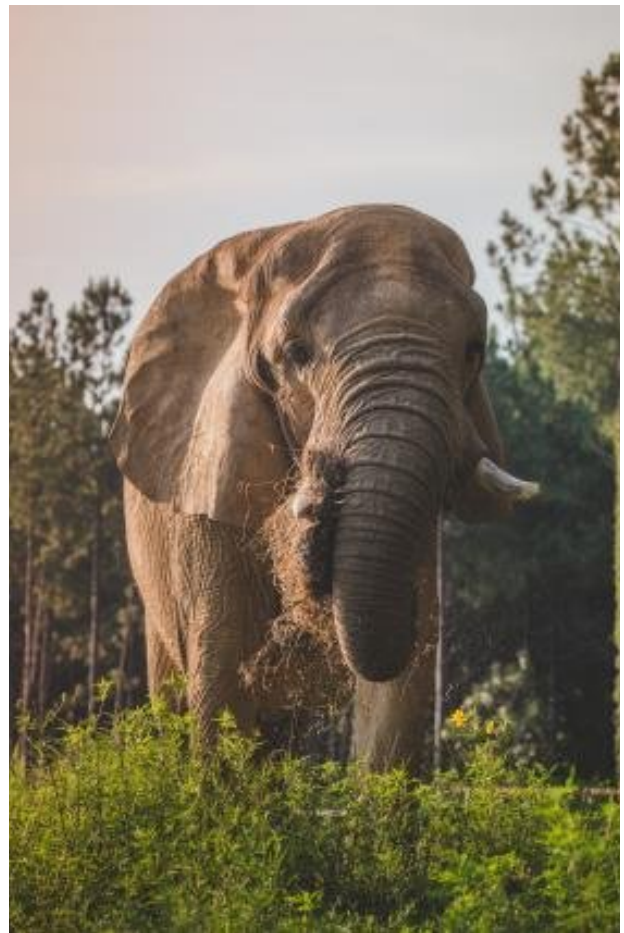


11

HOWLING WOODS FARM

Show your love that you howl for them by donating in their name to Howling Woods Farm!

Howling Woods is a public charity that rescues and places domestic bred wolves, wolfdog hybrids, and northern breeds, and provides education and information to the general public about wolves and wolfdogs.



12

THE ELEPHANT SANCTUARY

Like your girlfriend, Elephants have great memories. Make this Valentine's Day special by donating in her honor to rescue one of these majestic creatures!



for the Self

Single on Valentine's Day? Don't worry—there are plenty of all-natural, cruelty-free ways to love yourself!



UNCHAINEDTV

Valentines Night In

FROM
vKind

UNCHAINEDTV collaborates with filmmakers and non-profits that focus on climate change, ending world hunger, improving human health, and fitness, as well as wildlife conservation, habitat preservation, animal welfare and promoting a healthy, plant-based, cruelty-free, low-carbon-footprint lifestyle.

Make sure to tune In and watch vKind's new Vegan Travel Show, Vibes!



13



NOT TO DIE FOR

Let your date (or yourself!) know that they're worth pampering with a clean, conscious, cruelty-free spa bundle from Not to Die For!

Created with every detail in mind, the Natural Experience Selection includes: one soy Not to Die For candle, two Forest bath bombs, a handmade Aleppo Soap and and NTDf's Sisal Saver Bag.



14

HERBIVORE BOTANICALS

Zen out with CALM Soaking Salts from Herbivore Botanicals. Himalayan pink salt infuses bath water with vitamins and minerals!

An aromatherapeutic blend of Ylang-Ylang and Vanilla calm the senses for a truly relaxed bathing experience. There is nothing more tranquil than a date with yourself!



15

SEAWITCH BOTANICALS FACIAL BAR

Treat your skin like a princess with the Radiant Pearl Facial Bar from Sea Witch Botanicals. Made with organic, fair trade shea butter, organic coconut oil and extracts like buckthorn and carrot, this facial bar has been formulated to extract excess oils and dirt while still being gentle and hydrating.



16

BODY CRYSTAL OF CALIFORNIA: AYATE STARFISH SCRUBBER

Exfoliate with a clean conscience—the new Ayate Starfish Scrubber from Body Crystal is truly a plant-based product: 100% biodegradable and made from agave!

Using pre-hispanic Mexico Nahuatl techniques, the agave plant fibers are dried out and repurposed for use to create a mildew-resistant, spa-grade exfoliator designed to withstand up to a year of use.



I love

Kind