



VEGAN HOLIDAY GUIDE

FLAVOURFUL RECIPES, CREATIVE
GIFTS, DISCOUNT CODES & MORE!



VKIND.COM



Noho Candle

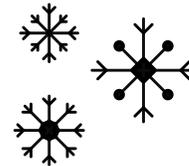


Noho Candle Co brings the cozy aromas of a winter forest to North Hollywood with its handmade, eco-friendly, coconut soy wax White Currant Pine Candle. Fill your space with the woody scent of pine and a touch of tea to balance out the oftentimes overwhelming Christmas profile.

Ultra Dzolik



Ultra Dzolik's cork bags and accessories don't try to live up to leather—they go straight past it. Their popular-selling, geometric backpack purse is made of 100% cork fabric that is durable and long-lasting like leather, with the added bonus of being waterproof.



for
THEM



Terraseed

Give anyone you love the ultimate gift: the ability to stay healthy AND vegan with Terraseed's Complete Multivitamin for Vegans, specifically designed to resolve gaps in the vegan diet and delivered monthly in the planet's first fully biodegradable pill bottle.

Allison's Artisan Goods



Welcome the smell of grandma's fresh-baked Christmas cookies into your space all season long with the the handcrafted, soy wax Festive AF candle from Allison's Goods! Made from a natural blend of ginger, cinnamon, clove, nutmeg and other essential oils and topped with clear tumbled quartz and silver Bioglitter for a touch of holiday fabulousness!

Vegan Power Co



Delight the vegan foodie in your life with a quirky, retro, colorful Avocado Toast Ornament from Vegan Power Co. Pair it with their other festive acrylic ornament charms like Avocado Baby Yoda, perfect for a vegan stocking stuffer or Secret Santa gift!

Oh My Heavenly Hair

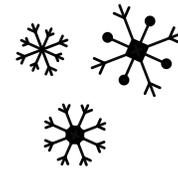


Perfect gift for the loved one wanting luscious locks and glowing skin, [Oh My Heavenly Hair's](#) Lavender Mixology Kit is guaranteed to lengthen hair and add luminosity to skin with a set of lavender hair and body wash, herbal conditioner, hair milk leave-in conditioner and paradise oil.

Pins & Wicks



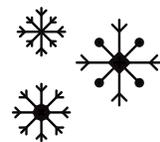
Not your flimsy, artificially-scented tree car air freshener, the hanging glass car freshener from [Pins and Wicks](#) is made with premium clean fragrance oil in a handmade, rustic glass bottle. The long-lasting, hanging car freshener comes in three unique blends of various natural scents.



for
THEM

Cowhugger

Give the gift of love and kindness with [Cowhugger's](#) 'Compassion Looks Good On You' fleece, zip-up hoodie. Sharing the vegan message can be cozy and comfortable during the holiday season!



Genuinely Not Leather GNL



Inspired by Frida Kahlo's fearlessly flamboyant style, the bold red, teak leaf leather clutch bag from [Genuinely Not Leather](#) is a beautiful day-to-night piece that fits all the must-haves. This elegant clutch the perfect wearable accessory for holiday parties!



Vegan Yarn

For the vegan DIYer who'd rather knit their own Christmas sweater, the 5 Day Festival Funk yarn from [Vegan Yarn](#) is a unique blend of colors, hand-dyed in small batches using low-impact, non-toxic dyes. Vegan Yarn provides yarns that can bring your sustainable, DIY clothing to another level.

Okabashi

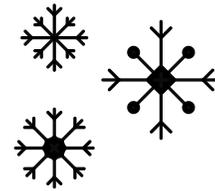


Okabashi's Mariner Men's flip flops are just the shoe for a holiday getaway, made from waterproof, slip-resistant material that is both latex and rubber-free with a two-year guarantee. Sustainably made in the USA since 1984, Okabashi spares humans from poor labor practices and animals from suffering for footwear.

Vegan Honey Company



LV Mesquite Honey is real honey made from flower nectar—minus the bees! The earthy, mesquite honey comes from desert Mesquite trees native to the Mojave Desert of Las Vegas, Nevada, meaning you are supporting both local and vegan with this sweet holiday gift!



for
THEM

Plastic Oceanic

Plastic Oceanic's dazzling blue and multi-color Christmas ornaments are made from 100% ocean plastics! These beautiful bulbs are handmade and packed with ocean plastic fluff, with each one slightly different than the other.

Eco Soul Home



Organic bamboo cutting boards from Eco Soul are (vegan) chef-grade and built to last, resistant to scarring and gentle on knives. Use the backside of these boards for the perfect vegan charcuterie platter!

AVegan Beauty



AVegan Beauty's sample pack is the perfect starter kit to enliven your skin during cold winter months! Truly a cutting edge brand in the beauty space, AVegan Beauty has invested deeply into science to bring you the nutrients needed to enhance collagen production, the vegan way.



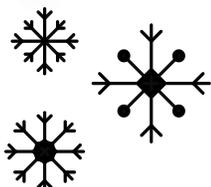
V Dog

Picky pup approved! V-dog's breathbones are free of highly processed ingredients and instead packed with fruits and veggies for a treat that doubles as a healthy nutrient boost.



Noggins and Binkles

Luxury vegan cork 'leather' cat harnesses from Noggins and Binkles are designed to keep your cat safe and secure while exploring like a true adventure cat. Harnesses can also be paired with matching leashes for a chic look.



for
THE ANIMALS

Ruffwear

Is there any better gift than knowing you can take your dog with you on holiday adventures? Gift your furry friend with the Ruffwear Highlands Dog Pad, a compact, lightweight, backpacking dog bed with an accordion-fold design for easy transport!

Westpaw

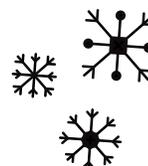


Let your dog chew on something eco-friendly this Christmas! The adorable Merry Monster is an ultrasoft, handcrafted dog toy stuffed with fibers of recycled plastic. This toy is seasonal and only available while supplies last.



Pet Portraits by Lizzie Ochoa

Have your furry friend custom painted by Lizzie Ochoa on a 24" x 30" gallery wrapped canvas! Created in acrylic, this portrait comes ready to hang for the holiday season.





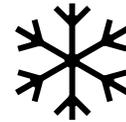
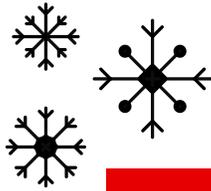
Saffyre Sanctuary

Have a loved one who feels deeply connected to horses? Donate in their name to [Saffyre Sanctuary](#), the horse rescue haven where rescues and retired work horses are treated like royalty.



Better Piggies

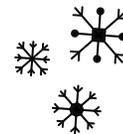
For the one in your life who's more of a piggie person than a dog person! A monthly donation of \$30 to [Better Piggies](#) rescue allows you to sponsor a pig and receive updates and photos of the new friend you've decided to help.



for
THE ANIMALS

Herbivorous Acres

From the friends who brought you Herbivorous Butcher, [Herbivorous Acres](#) exists to adjust society's view of farm animals and promote a plant-based diet. Donate to help their future plans of vegan dinners and cooking classes on the farm alongside rescued animals.



RR Ranch



[RR Ranch](#) is dedicated to providing an alternate solution for unwanted or abandoned animals. They give animals a place to call home, a place where they may enjoy the company of other animals and be loved unconditionally. Why not donate in a loved ones name today?



Charlie's Acres

[Charlie's Acres](#) Farm Animal Sanctuary is on a mission to change minds and save lives. By donating in someone's name to Charlie's Acres you can provide food, care, or even a life-saving procedure. Check out their adorable merch, too!



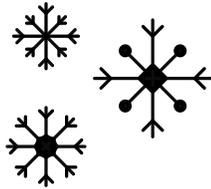
Be-Ve Kids

Customize the colorful Rainbow Rabbit plate from [Be-Ve Kids](#) with your child's name and watch how much fun eating fruits and veggies becomes! Super-durable plastic and made in the USA.



The Pink Pigs Boutique

The ultra-bedazzled, metallic pink and blue over-the-ear headphones come complete with a sparkly unicorn horn! The most magical part of these [unicorn headphones](#)? 100% of proceeds go to feed and care for rescued animals.



for
**THE
KIDS**

Truth Belts

The Ariel belt from [Truth Belts](#) is a fun, colorful accessory designed to fit your child season-after-season! Adjustable and made from flexible materials, this stylish, stretchy belt fits kids aged 2-12!

Else Nutrition



The Plant-Powered [Kid's Shake Mix](#) from Else Nutrition has 50% less sugar than leading brands and is pumped with nutrients to satisfy your kiddos so that sweets and junk food become less appealing!



Green Toys

Turn bath time into an exciting seaside adventure with the [Tide Pool Bath Set](#)! The 7-piece set includes a starfish, scallop, abalone, snail, squid, and jellyfish, as well as a seaweed-patterned storage bag.

Tender Leaf Toys

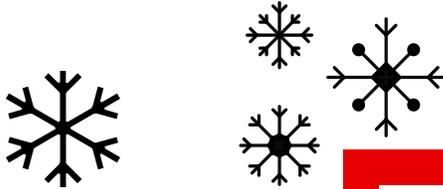


A gift for the budding gardener, the Garden Wheelbarrow Set is a study, wooden wheelbarrow with seed packets, plants, and adorable gardening tools!



Plan Toys

The PlanToys Drum Set is the first musical playset made entirely of wood! It comes with the ability to make a variety of sounds, allowing children to explore music and rhythm while strengthening their motor skills.



for
**THE
KIDS**

Earth Heros

Finally, toys that actually look nice when they're not put away! The Paris Wooden Play Set from Once-Kids doubles as toy and home decor. Designed to encourage imagination and storytelling!

Clockwork Soldier



Clockwork Soldier teaches kids about pandas with the hands on project of assembling a Giant Panda Head! Made from FSC recycled card, this sustainable craft is designed to be a fun, hands-on way to learn about animals.



Baby Mori

The breathable, organic cotton and bamboo sleep sack from Baby Mori allows babies to sleep softly and safely at night. With adjustable length, adjustable arm openings and a double direction zipper, it really is a Clever Sleep Sack!





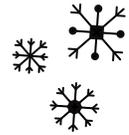
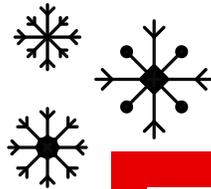
Vegan Wines

The sommelier-selected curation of vegan wines in the Vegan Somm Select Bundle is sure to wow the wine-lover in your life. Fortunately, quality wine doesn't have to come at the cost of animal well-being!



Maya's Cookies

The Wheat Free Candy Cane Land cookie puts a peppermint spin on Maya's classic, award-winning vegan chocolate chip cookie recipe. Savor the delectable holiday flavor combo in these seasonal treats!



for
**THE
VEGAN
TABLE**

Virgin Cheese

Virgin Cheese brings you the real deal without the dairy! Try their smoked gouda alongside Snackrilege's Seitan slices for a cheese board that will please the pickiest of vegans and non-vegans alike.

Crafty Counter



Just because you're staying home for the holidays doesn't mean your taste buds have to! The Wunderbites Variety Pack from Crafty Counter will take your holiday table on a whole-food tour of India, Africa and the Mediterranean with protein-packed, flavor-powered bites.



Snackrilege



Delight in Snackrilege's original, house-made and hand-sliced seitan 'sausages'. In League With Seitan Sausage Style Slices will seriously spice up your holiday charcuterie board!

Abbot's Butcher

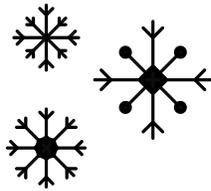


Want to spice up your stuffing? Or have a meaty crumble to top your mashed potatoes with? Try the Spanish-smoked chorizo from [Abbot's Butcher](#) to give a little kick to the vegan table this year.



Veron

Indulge in herbal inspirations of lavender and rose macarons, or turn your drink into dessert with earl grey, mocha or matcha flavors! With 18 macaron to choose from, from the fruity to the fragrant, [Veron's](#) custom macaron box will fill any palette with pure joy this season.



for
**THE
VEGAN
TABLE**

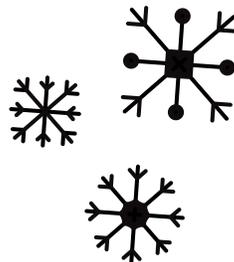
A&J Bakery

[A&J Bakery](#) has brought a much needed vegan, Allergen Friendly Gingerbread House Kit into the holiday food space. These amazing DIY kits allow vegans and those with common food allergies to participate in the gingerbread fun they may have missed in previous seasons!

Fable Home



100% linen napkins from [Fable](#) come in two natural hues to dress up or down with any table setting. Dress your table with napkins woven from fine European flax that are built to last.



Eat Kind



[EatKind's](#) AI-based recommendation tool takes literally any recipe and serves up plant-based alternatives. Simply copy and paste any holiday recipe link and learn how to veganize it!

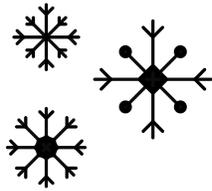
All Vegetarian



A leader in meat alternatives since 1994, [All Vegetarian](#) brings its first-ever Vegan Holiday Turkey Roast to the table this year. This roast is stuffed with a delightful combination of 15 whole food ingredients taking turkey and non-vegan stuffing right off the table.

Vegpal

Looking for a compassionate companion to spend the holidays with? [Vegpal](#) is the premier vegan dating and friendship app, allowing you to connect with other vegans this holiday season to share turkey-free dinners and cozy gatherings with.



for
**THE
VEGAN
TABLE**

Glass Baby

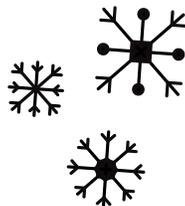
The glass sipper evensong, an elegant, glass blown carafe from [Glass Baby](#), does more than hydrate your table. Since 2001, Glass Baby has donated \$12 million to organizations that provide hope and healing to people, animals and the planet.



Herbivorious Butcher



The [Jerky Sampler](#) from Herbivorious Butcher makes for the perfect gift, stocking stuffer or snack for the vegan table this year. Coming in Teriyaki, Sizzlin' Cajun, and Salt 'n Peppa flavors, these aren't your standard Slim Jims.



Dandies



[Dandies](#) are vegan marshmallows that have no artificial flavors, corn syrup or gelatin! Perfect for a sweet potato casserole or sprinkled on top of some Divine Treasures Vegan Hot Chocolate. Mmmmmmm

FEATURED Holiday Recipe



Pumpkin Pie **by: Vejii**

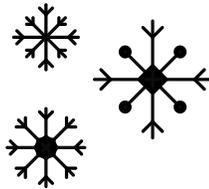
INGREDIENTS

1 can Organic Pumpkin
1 cup Coconut Cream
1 cup Dark Brown Sugar
1 tsp Cinnamon
1 tsp Ginger
½ tsp Nutmeg
¼ tsp Cloves
½ tsp Salt
3 Tbsp Cornstarch
2 Pie Crusts
Whipped Cream, for serving

INSTRUCTIONS

- 1. Preheat oven to 350F.**
- 2. Mix, pumpkin, coconut cream, dark brown sugar, cinnamon, ginger, nutmeg, cloves, salt, and cornstarch in a blender until smooth.**
- 3. Add pumpkin pie mixture into one pie mold and bake for 1 hour.**
- 4. With a holiday cookie cutter, cut out shapes in the remaining pie crust and bake in a baking sheet for 25-30 minutes.**
- 5. Once the pie is cooked, add cut-out cooked shapes to it and allow to cool down for 30 minutes and chill in the fridge for at least 2 hours.**
- 6. Serve with whipped cream and more cinnamon and enjoy!**





Hot Chocolate

Cozy up next to the fire with a mug of 70% Peruvian cacao hot chocolate from Divine Treasures! Vegans don't need to miss out on this timeless winter treat just for choosing compassion.



Holiday Gift Box

Holiday gift boxes are filled with a variety of decadent treats centered around a winter animal treasure to enjoy, without an ounce of cruelty. All chocolates are gluten, trans-fat, and refined sugar free.

Holiday Recipes



Cranberry Loaf
by: **Laura Crotty**

The Little Vegan
Dessert
Cookbook makes
a great gift!

INGREDIENTS

serves 12

2 cups all-purpose flour, sifted

1 cup coconut sugar

1 ½ teaspoons baking powder

1/2 teaspoon baking soda

1 teaspoon salt

1/4 cup coconut oil

**1 tablespoon ground flax seeds
mixed with**

3 tablespoons water

1 teaspoon grated orange peel

3/4 cup orange juice

1 ½ cups raisins

INSTRUCTIONS

1. Preheat the oven to 350 degrees. Grease a 9x5x2-inch loaf pan.
2. Sift the flour, sugar, baking powder, baking soda and salt together in a large bowl. Cut in the coconut oil and stir until the mixture is crumbly.
3. Combine the remaining wet ingredients and add to the dry mixture; mix until flour is moistened. Fold in the fruit.
4. Scoop batter into loaf pan and bake for 50 minutes or until a toothpick inserted in the middle comes out clean.
5. Cool completely before slicing.

Holiday Recipes



Fungi Wellington by: Laura Ball

INGREDIENTS

WELLINGTON

12 oz mixed mushrooms (portobello, lions mane, shitake, button) mushrooms stalks trimmed and cleaned
1 cube No-beef bouillon cube or paste (1 cube or 1 tsp)
3 large sweet onions peeled and chopped
3 tbsp olive oil
10 1/2 oz baby spinach
4 sprigs thyme leaves picked
1 package vegan puff pastry
1 tbsp dijon mustard
1 tsp powdered sage
salt and pepper to taste

VEGAN EGG WASH

1 tbsp aquafaba (chickpea water)
1 tbsp Oatly Full Fat Oat Milk
1 tsp olive oil
1/2 tsp maple syrup

INSTRUCTIONS

1. Place a large frying pan over a low to medium-low heat. Add the 1/2 tbsp of olive oil followed by onion and reduce heat to low. Season with sage, bouillon, salt and pepper and cook, stirring occasionally, for 15 to 20 minutes, until the onions are golden.
2. Remove the onions from the pan and return the pan to the heat. Add the baby spinach and cook until wilted. Remove the baby spinach from the pan and set aside.
3. Increase the heat to medium/high and return the pan to the heat. Add the remaining olive oil and place the mushrooms, top side down. Cook until lightly golden (about 5 minutes) before turning over and cooking for a further 5 minutes or until golden. Remove from the heat, and drain on a paper towel- top side up as they will release liquid as they cool. Transfer the onions, spinach and mushrooms to the refrigerator and cool completely.
4. Preheat the oven to 390 Fahrenheit. Place a sheet of baking paper on the baking tray and then place the puff pastry sheet on top. Spread half the caramelised onions over the middle third of the pastry, making sure to leave an extra (3/4 inch) border at the edge of the pastry. Top with half of the baby spinach. Spread the dijon mustard over the mushrooms and season well with salt and pepper. Place the mushrooms on top of the spinach. Top the mushrooms with thyme and the remaining baby spinach and onions.
5. Very carefully roll the pastry over the top of the mushroom mixture until you have a log. Press down to seal the edges. Roll over the log so that the seam is facing the bottom.
6. To make the vegan egg wash, whisk all of the ingredients together in a bowl. Very lightly coat with the vegan egg wash. Place the pastry in the freezer for 10 minutes before repeating with another layer of vegan egg wash and freezing the pastry for a further 10 minutes.
7. Place the pastry back on the baking sheet and tray and place in the oven for 30 to 35 minutes, or until golden and flakey.



Holiday Recipes



Winter Garden Feta Bruschetta by: Virgin Cheese

INGREDIENTS

Arugula - one big bunch, rinsed, spun dry and chopped fine

Tomatoes - any variety, about a cup, rinsed and diced into small pieces

2 + Tblsp of olive oil

1 + Tblsp of balsamic vinegar, standard or infused with fig, cherry, etc

2-3 cloves of pressed garlic

Virgin Cheese Feta - about a half round or 2-3 ounces

1/2 tsp pink Himalayan salt

INSTRUCTIONS

- 1. Add tomatoes to arugula, add the olive oil and balsamic, minced fine or pressed garlic cloves and salt and stir to combine. Adjust oil/vinegar so the mixture is shiny and well dressed.**
- 2. We prefer it with strong garlic flavor. Fold in chunked Feta cheese.**
- 3. Adjust salt to taste (the Feta adds salt, richness and body).**
- 4. Spoon bruschetta onto the best bread or toast. (Also great on pizzas and a fabulous holiday side with the green and red theme!) Bon Appetit!**

Optional:

- ~ fold in 1/4 C of toasted, chopped walnuts**
- ~ fold in a few tablespoons of chopped spinach and/or basil**
- ~ drizzle with balsamic reduction before serving**

Holiday Recipes



Sweet Potato Casserole by: Laura Ball

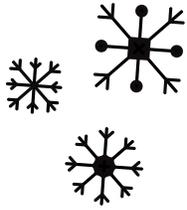
INGREDIENTS

3 large or 5 medium sweet potatoes
2/3 cup coconut milk
1 can organic pineapple rounds
(reserve juice).
2 tbsp maple syrup
2 cups brown sugar or coconut sugar
1/2 cup chopped pecans
5 tbsp your choice: almond butter,
tahini, oil, buttery spread,
1 tbsp salt and pepper to taste
1/2 tsp cinnamon
1/4 tsp powdered ginger
optional pinch nutmeg
2-3 cups Dandies marshmallows



INSTRUCTIONS

- 1. Preheat the oven to 425 degrees. Dice sweet potatoes into cubes (size is up to you- the smaller, the faster they will cook)!**
- 2. In a mixing bowl, mix the flour, brown sugar and spices (cinnamon, salt and pepper, ginger, nutmeg) and pecans. Cut in butter. Mix in pineapple juice reserve from the can, add in diced sweet potatoes and mix together until equally distributed.**
- 3. Grease a casserole dish with vegan butter. Add in potato mixture, cook for 45 minutes to an hour, stirring every 15 minutes.**
- 4. Stick potatoes with a fork and make sure they're done. Once they are, place your Dandies marshmallows on the top and place back in the oven. I prefer to do a light broil, but if you do this- be sure to not take your eye off the casserole. It should only take a minute or two. Otherwise, place in a warmed oven until marshmallows are browned to your liking.**
- 5. Serve hot. Leftovers can be covered and refrigerated 3-4 days.**



Glossary

Cranberry Loaf

- All Purpose Flour
- Coconut Sugar
- Salt
- Coconut Oil

Fungi Wellington

- 1 cube no beef bouillon
- Olive Oil
- Puff Pastry
- Maple Syrup



Winter Garden Feta Bruschetta

- Balsamic Vinegar
- Virgin Cheese: Feta

Sweet Potato Casserole

- Coconut Milk
- Vegan Butter
- Marshmallows



Minimize your time in crowded supermarkets this holiday season by quickly getting your Vegan table needs met on GTFO it's vegan. Instead of wasting time on ingredient labels in grocery stores, find all your vegan favorites online in one go at GTFO. That means more time for recipe-concocting, hot chocolate-stirring, and cozy merry-making with those you love most.





vKind

**THIS HOLIDAY
SEASON!**